

# 4 Points

# Career Direction & Creative Income



# Coaching

[www.4pointiscoaching.com](http://www.4pointiscoaching.com)

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## Session Outline

### I. Personality and Proficiency

#### 1. Pre-work

- Complete chapters 1 & 2 (48 Days to the Work You Love hardback/paperback or workbook)
- Complete interview questions

#### Goals

- Review pre-work
- Determine dreams/desires/areas to focus on

#### 2. Pre-work

- Complete 4 Points Coaching Career & Strength Finders Report System
- Read chapters 5 & 6 (48 Days to the Work You Love workbook) or chapter 5 (48 Days to the Work You Love hardback/paperback).

#### Goals

- Career Profile Report System review
- Strength Finders review
- Identify core talents/strengths, developing strengths, compensating for weaknesses

## II. Passion and Purpose

### Pre-work

- Read “The Art of Intentionality”
- Read chapters 3 & 4 (48 Days to the Work You Love workbook or hardback/paperback)
- Outline a life plan
- Start writing out goals (Goal-setting worksheet)

### Goals

- Discuss goal-setting in 7 goal areas (physical, spiritual, personal development, career, financial, family, and social)
- Nuts and Bolts overview (Traditional/Entrepreneur)
- Funnel (mission, strengths, etc)
- Determine a path for your to travel, as well as the 2 or 3 goals you really need us to accomplish to guarantee the rest of our time together is successful for you.

## III. Preparation and Positioning

### 1. Pre-work

- Traditional-Read chapters 7-9 (48 Days to the Work You Love workbook) or chapters 6-8 (48 Days to the Work You Love hardback/paperback)
- Entrepreneur-Read chapter 11 (48 Days to the Work You Love workbook) or chapters 10 & 11 (48 Days to the Work You Love hardback/paperback)

### Goals

Traditional:

- Resume review
- Strategic job search strategies
- Targeting opportunities
- Networking
- Interview preparation

Entrepreneur:

- Discuss 18 questions
- Business planning overview
- Discuss specific business opportunity

## 2. **Pre-work**

Traditional:

- Read chapters 10 & 12 (48 Days to the Work You Love workbook) or chapter 9 (48 Days to the Work You Love hardback/paperback)

Entrepreneur:

- Future reading resources

### **Goals**

- Tying it all together (Funnel: mission, goals, talents, strengths, actions)
- Work on specific areas of interest, unresolved questions, mock presentations if needed